



 **Fraise**
Beauty · Aesthetics · Longevity

BODY TREATMENTS

EMTONE

A non-surgical treatment targeting cellulite and sagging skin. It promotes a smoother skin appearance through a combination of thermal and mechanical energy.

Why EMTONE?

EMTONE is an advanced treatment that uses thermal and mechanical energy simultaneously to target the underlying factors causing cellulite formation and skin sagging without the need for surgical intervention. The combined effect of these two energies results in firmer, smoother skin tissue.

It directly addresses the main causes of cellulite, such as the enlargement of fat cells, weakening of collagen fibers, and loss of elasticity. It also helps remove metabolic waste by increasing blood circulation in the treated area, thus reducing the appearance of cellulite.



How to apply EMTONE?

EMTONE is a non-surgical treatment applied in sessions.

The treatment plan is determined according to the individual's needs and generally ranges from 4 to 6 sessions.

The application process takes approximately 20 to 60 minutes, depending on the area being treated.

Post-application

- No recovery period is required after the procedure.
- The person can immediately resume their daily life and routine activities.

Who is it not applicable to?

- Pregnant and breastfeeding women
- To individuals undergoing cancer treatment
- The procedure is not performed on individuals who have metal (platinum, etc.) implants in the area to be treated.

BODY LAB

A body-shaping technology that intensely works the muscles. It aims to increase muscle tone and give the body a firmer appearance.

Why BODY LAB?

Body Lab is an advanced body shaping system that utilizes focused electromagnetic stimulation technology. By forcing muscles to contract at their supramaximal level, it accelerates metabolism, aiming for a significant reduction in fat tissue and an increase in muscle tone.

The workout helps the body achieve a firmer and more toned appearance. A single 30-minute session produces an effect equivalent to approximately 40,000 squats and sit-ups.



How many sessions are recommended?

- The number of sessions is determined based on the individual's needs and the targeted area.
- Generally, a treatment program of 10 sessions, 2 days a week, is recommended.

Who is it not applicable to?

- People with pacemakers
- Those who have electronic or metal implants in their bodies
- To pregnant individuals
- This procedure is not recommended for individuals undergoing cancer treatment.

How is BODY LAB applied?

The system is activated by placing special applicators on the area to be treated. The session lasts approximately 30 minutes, and no pain is felt during the procedure. Daily activities can be resumed without any restrictions after the treatment. Sufficient water intake and a balanced diet are recommended for more effective results.

A woman with long dark hair is shown from the waist up, wearing a white halter-neck sports bra and white high-waisted leggings. She is standing in a bright, modern interior with a large potted plant to her left and a white chair to her right. The background is softly blurred, showing a white shelf with decorative items. The overall atmosphere is clean, bright, and health-oriented.

The art of
Well being

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CRYO WAVE

A body shaping method that combines cold and hot therapies. It targets fat tissue and the appearance of cellulite, and improves skin tone.

Why CRYO WAVE?

Cryo Wave is a non-invasive (non-surgical) body shaping and skin rejuvenation technology. By combining cold and hot therapies, it targets fat tissue, helps reduce the appearance of cellulite, and supports improved skin tone. This method is painless and does not require surgery.

Cryotherapy (cold therapy) is an approach that aims to benefit muscle, fat, and skin by applying low temperatures to specific tissue areas; this technology is also used for aesthetic purposes such as body contouring and cellulite treatment.

Post-application

- Generally, there is no obstacle to a person continuing their daily life after cryowave therapy.
- The treated area may become slightly red, but this is a temporary effect.
- Drinking plenty of water after the procedure, maintaining a balanced diet, and appropriate care to preserve the skin's moisture balance are recommended.



How to apply CRYO WAVE?

- Cryowave is a thermotherapy application that uses alternating cold and hot energy.
- Applied to the skin with a special applicator, it increases circulation and supports localized tightening.

Who is it not applicable to?

Although Cryo Wave is generally a safe treatment, it is not recommended in some cases:

- Pregnant or breastfeeding people
- Those with active skin infections, wounds, or irritations.
- Those with severe cold intolerance, such as Raynaud's syndrome.
- People with serious circulatory disorders, heart or systemic diseases.

CRYO LIPOLYSIS

A non-surgical localized fat reduction treatment. It provides gradual slimming by targeting fat cells with controlled cold.

Why CRYO LIPOLYSIS?

Cryolipolysis is a non-surgical fat reduction treatment that targets localized fat deposits in the body. In this procedure, fat cells under the skin are frozen using controlled cold, rendering them inactive; these fat cells are then eliminated over time through the body's natural metabolic processes. The method targets only the fat cells without damaging surrounding tissues.



- This procedure is not a weight loss method, but a technique for reducing localized fat.
- Results usually appear gradually over a period of several weeks to several months.
- The cold application of the device during the procedure does not damage the surrounding tissue.

Who is it not applicable to?

Although cryolipolysis is generally safe, it should not be used in the following cases:

- Pregnant or breastfeeding people
- Those with serious health problems or systemic diseases
- Conditions such as Raynaud's syndrome or cold intolerance
- Area with active skin infection or open wound

Post-application

- Drinking plenty of water: Accelerates the elimination process.
- Healthy eating and exercise: Support the sustainability of the results.
- Protecting the treated area from the cold: It is beneficial to avoid exposing the area to very cold temperatures in the first few days.
- You can immediately return to your daily life: There is no long recovery period after the procedure.

RÖS'S – ROLLSYSTEMIC

A holistic system that targets the body's circulatory and metabolic balance. Helps support lymphatic flow and cellular regeneration.

Down RÖS'S?

RÖS'S Rollsystemic is a holistic aesthetic system that targets the body's deeper metabolic and circulatory processes with systemic endoactivation technology. This approach aims to support cellular regeneration, circulation, and lymphatic flow by activating tissues with thermal energy and physical stimuli. Designed for both face and body, the system is developed to contribute not only to local effects but also to the overall balance of the body.

Post-application

Generally, no restrictions on daily activity are required after Rollsystemic treatment.

Recommended:

- Drink plenty of water after the procedure.
- Balanced diet and exercise,
- Providing supplementary care and attention in accordance with the treatment plan.



How is RÖS'S implemented?

- RÖS'S treatment is a systemic care method performed with special equipment and manual techniques. It accelerates circulation, supports metabolism, and provides a holistic effect on the body.
- Sessions are completely customized to the individual and implemented with a goal-oriented approach.





SKIN APPLICATIONS

- BBL
- EMFACE
- EXION
- EMFUSION
- FROZEN FACE
- FROZEN EYES
- ANIONIC CARE
- VACUUM SKIN CARE
- SKIN ANALYSIS

BODY TREATMENTS

- EMTONE
- BODY LAB
- CRYO WAVE
- CRYO LIPOLYSIS
- RÖS'S

IV THERAPY

- IMMUNE BOOSTER COCKTAIL
- COENZYME Q10
- COLLAGEN BOOSTER
- HAIR & NAIL KOKTEYL
- STRAWBERRY MIX
- NAD+
- ALPHA LIPOIC ACID
- GLUTATHIONE
- VITAMIN C

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